

# LUCK LUST **LIQUOR & BURN**

## ALLERGEN MANUAL

Please inform your server before ordering of any specific dietary requirements that you may have.

If you require dishes with no gluten containing ingredients, please see our specific menu on the back page of this document. Our recipe information is frequently updated so please check each time you visit to ensure that you have the most up to date recipes. Whilst every care is taken with your meal, we cannot guarantee a 100% allergen free environment, nor can we guarantee against the processes used by our Suppliers or products which may be produced in an environment with other allergens.

## SMALL PLATES - DOES IT CONTAIN?

DISH	GLUTEN	CRUSTACEANS	EGGS	FISH	PEANUTS	SOYABEANS	MILK	NUTS	CELERY	MUSTARD	SESAME	SULPHITES	LUPIN	MOLLUSCS
<b>SMASHED GUAC</b>												YES		
<b>HOLY GUAC</b>	TRACES*		YES				YES		TRACES*			YES		
<b>AVOCADO TOSTADA</b>	TRACES*		YES				YES				YES	YES		
<b>HALLOUMI FRIES</b>	YES		YES				YES		YES			YES		
<b>CAULI-BOMBS</b>	YES		YES				YES		YES			YES		
<b>BACON JALAPENOS</b>	TRACES*		YES				YES		TRACES*			YES		
<b>LETTUCE CUPS</b>	TRACES*				YES	YES	TRACES*		TRACES*	TRACES*	YES	YES		
<b>BAGEL BITES</b>	YES		YES			TRACES*	YES	TRACES*	YES		TRACES*	YES		

DISHES WITH A \* INDICATE THAT WHILST THE INGREDIENT IS NOT INCLUDED IN THE RECIPE, DUE TO COOKING EQUIPMENT BEING USED FOR MORE THAN ONE PRODUCT THERE IS A SMALL POSSIBLE CONTAMINATION RISK. ALLERGEN INFORMATION WILL BE KEPT UP TO DATE AND SHOULD BE CHECKED EACH TIME YOU VISIT, AS WE MAY UPDATE RECIPES FROM TIME TO TIME.

## SMALL PLATES - DOES IT CONTAIN?

DISH	GLUTEN	CRUSTACEANS	EGGS	FISH	PEANUTS	SOYABEANS	MILK	NUITS	CELERY	MUSTARD	SESAME	SULPHITES	LUPIN	MOLLUSCS
<b>BBQ CHICKEN BLASTS</b>	YES		YES			YES	YES		YES	YES	YES	YES		
<b>HOT CHICKEN BLASTS</b>	YES		YES			YES	YES		YES	YES		YES		
<b>CHEESE &amp; ONION QUESADILLAS</b>	YES		YES			TRACES*	YES	TRACES*	YES		TRACES*	YES		
<b>CHILLI CHORIZO QUESADILLAS</b>	YES		YES			TRACES*	YES	TRACES*	YES		TRACES*	YES		
<b>SHRIMP &amp; SQUID</b>	YES	YES	YES		TRACES*	TRACES*	YES					YES		YES
<b>EGG ROLLS</b>	YES		YES				YES		YES			YES		
<b>CHURROS</b>	YES	TRACES*	TRACES		TRACES*	YES	YES	YES				YES		TRACES*

DISHES WITH A \* INDICATE THAT WHILST THE INGREDIENT IS NOT INCLUDED IN THE RECIPE, DUE TO COOKING EQUIPMENT BEING USED FOR MORE THAN ONE PRODUCT THERE IS A SMALL POSSIBLE CONTAMINATION RISK. ALLERGEN INFORMATION WILL BE KEPT UP TO DATE AND SHOULD BE CHECKED EACH TIME YOU VISIT, AS WE MAY UPDATE RECIPES FROM TIME TO TIME.

## NACHOS/ SALADS - DOES IT CONTAIN?

DISH	GLUTEN	CRUSTACEANS	EGGS	FISH	PEANUTS	SOYABEANS	MILK	NUTS	CELERY	MUSTARD	SESAME	SULPHITES	LUPIN	MOLLUSCS
CHEESE BEAN NACHOS			YES				YES		YES			YES		
VOLCANO NACHOS	YES		YES			TRACES*	YES		YES	TRACES*		YES		
BACON CHEESE-BURGER NACHOS	TRACES*		TRACES*			TRACES*	YES	TRACES*	TRACES*	YES	TRACES*	YES		
CHICKEN SALAD	YES		YES			TRACES*	YES		TRACES*	TRACES*		YES		
HALLOUMI SALAD	YES		YES			TRACES*	YES	YES	TRACES*	TRACES*	TRACES*	YES		
STEAK SALAD	YES		YES		YES	YES	YES		TRACES*	TRACES*	YES	YES		

DISHES WITH A \* INDICATE THAT WHILST THE INGREDIENT IS NOT INCLUDED IN THE RECIPE, DUE TO COOKING EQUIPMENT BEING USED FOR MORE THAN ONE PRODUCT THERE IS A SMALL POSSIBLE CONTAMINATION RISK. ALLERGEN INFORMATION WILL BE KEPT UP TO DATE AND SHOULD BE CHECKED EACH TIME YOU VISIT, AS WE MAY UPDATE RECIPES FROM TIME TO TIME.

## BURRITOS - DOES IT CONTAIN?

DISH	GLUTEN	CRUSTACEANS	EGGS	FISH	PEANUTS	SOYABEANS	MILK	NUTS	CELERY	MUSTARD	SESAME	SULPHITES	LUPIN	MOLLUSCS
WELL FIT	YES		TRACES*			YES	YES	TRACES*	TRACES*	TRACES*	TRACES*	YES		
ANIMALE	YES		YES			TRACES*	YES	TRACES*	YES	TRACES*	TRACES*	YES		
SUNNY SAN DIEGO	YES		YES			TRACES*	YES	TRACES*			TRACES*	YES		
VWA	YES		YES			TRACES*	YES	TRACES*	YES		TRACES*	YES		
FULLY DRESSED	YES		YES			YES	YES	TRACES*	YES	YES	YES	YES		
ALMOST FAMOUS	YES		YES			TRACES*	YES	TRACES*	YES	TRACES*	TRACES*	YES		
F-BOMB	YES		YES			TRACES*	YES	TRACES*	TRACES*	YES	TRACES*	YES		
CHICKEN LICKIN	YES		YES			TRACES*	YES	YES	YES	TRACES*	TRACES*	YES		
FAT TONY	YES		YES			YES	YES	TRACES*	TRACES*	YES	TRACES*	YES		
BIG EASY	YES		YES			TRACES*	YES	TRACES*	YES	TRACES*	TRACES*	YES		

DISHES WITH A \* INDICATE THAT WHILST THE INGREDIENT IS NOT INCLUDED IN THE RECIPE, DUE TO COOKING EQUIPMENT BEING USED FOR MORE THAN ONE PRODUCT THERE IS A SMALL POSSIBLE CONTAMINATION RISK. ALLERGEN INFORMATION WILL BE KEPT UP TO DATE AND SHOULD BE CHECKED EACH TIME YOU VISIT, AS WE MAY UPDATE RECIPES FROM TIME TO TIME.

## TACOS / BURGERS/ MAINS - DOES IT CONTAIN?

DISH	GLUTEN	CRUSTACEANS	EGGS	FISH	PEANUTS	SOYABEANS	MILK	NUTS	CELERY	MUSTARD	SESAME	SULPHITES	LUPIN	MOLLUSCS
<b>BARRIO TACOS</b>	YES		YES			TRACES*	YES	TRACES*	TRACES*	TRACES*	TRACES*	YES		
<b>FAMOUS TACOS</b>	YES		YES			TRACES*	YES	TRACES*	YES	TRACES*	TRACES*	YES		
<b>FILLET STEAK TACOS</b>	YES		YES			TRACES*	YES	TRACES*	YES	YES	TRACES*	YES		
<b>BACON C.B. TACO</b>	YES		YES			TRACES*	YES	TRACES*	YES	YES	TRACES*	YES		
<b>AMERICANA DREAMIN</b>	YES		YES			YES	YES	TRACES*	YES	YES	TRACES*	YES		
<b>RODEO</b>	YES		YES			YES	YES	TRACES*	YES	YES	TRACES*	YES		
<b>TRIPLE THREAT</b>	YES		YES			YES	YES	TRACES*	YES	YES	TRACES*	YES		
<b>SOUTH CENTRAL ENCHI</b>	YES		YES			TRACES*	YES	TRACES*	YES	TRACES*	TRACES*	YES		
<b>WONDER STEAK DINNER</b>	TRACES*		YES			TRACES*	YES	TRACES*	YES	TRACES*	TRACES*	YES		
<b>TAPOUT BURRITO</b>	YES		YES			TRACES*	YES	TRACES*	YES	YES	TRACES*	YES		

DISHES WITH A \* INDICATE THAT WHILST THE INGREDIENT IS NOT INCLUDED IN THE RECIPE, DUE TO COOKING EQUIPMENT BEING USED FOR MORE THAN ONE PRODUCT THERE IS A SMALL POSSIBLE CONTAMINATION RISK. ALLERGEN INFORMATION WILL BE KEPT UP TO DATE AND SHOULD BE CHECKED EACH TIME YOU VISIT, AS WE MAY UPDATE RECIPES FROM TIME TO TIME.

## FRIES/ SAUCES - DOES IT CONTAIN?

DISH	GLUTEN	CRUSTACEANS	EGGS	FISH	PEANUTS	SOYABEANS	MILK	NUTS	CELERY	MUSTARD	SESAME	SULPHITES	LUPIN	MOLLUSCS
WINNING FRIES												YES		
WONDER FRIES							YES					YES		
BARRIO FRIES	TRACES*		YES			TRACES*	YES	TRACES*	YES		TRACES*	YES		
CHILLI CHEESE FRIES	YES		YES			TRACES*	YES		YES	TRACES*		YES		
BACON C.B. FRIES	TRACES*		TRACES*			YES	YES	TRACES*	TRACES*	YES	TRACES*	YES		
TACO SAUCE												YES		
LIME JALAPENO MAYO			YES				YES					YES		
CHIPOTLE SOUR CREAM			YES				YES		YES			YES		
BOSS SAUCE						TRACES*						YES		
SUNDRIED TOMATO AIOLI			YES									YES		

DISHES WITH A \* INDICATE THAT WHILST THE INGREDIENT IS NOT INCLUDED IN THE RECIPE, DUE TO COOKING EQUIPMENT BEING USED FOR MORE THAN ONE PRODUCT THERE IS A SMALL POSSIBLE CONTAMINATION RISK. ALLERGEN INFORMATION WILL BE KEPT UP TO DATE AND SHOULD BE CHECKED EACH TIME YOU VISIT, AS WE MAY UPDATE RECIPES FROM TIME TO TIME.

## ARE YOU GLUTEN-FREE?

### MAINS

WHILST EVERY CARE IS TAKEN WITH YOUR MEAL, WE CANNOT GUARANTEE A 100% ALLERGEN FREE ENVIRONMENT, NOR CAN WE GUARANTEE AGAINST TRACES AS OUR KITCHEN FREQUENTLY USES PRODUCTS CONTAINING GLUTEN.

#### #1 GF NACHOS £7.00

Salted tortilla chips, melted cheese, taco sauce, chipotle sour cream, guac mayo, pico de gallo, shredded iceberg lettuce

#### #2 GF BACON CHEESEBURGER £9.00

On a gluten free roll, double cheeseburger, crispy bacon, salad stack, pickles, taco sauce, bleu cheese sauce.

#### #3 GF GRILLED CHICKEN BURGER £9.00

On a gluten free roll, grilled spiced chicken, salad stack, taco sauce, lime jalapeno mayo

#### #4 GF HALLOUMI BURGER £9.00

On a gluten free roll. Grilled halloumi, salad stack, taco sauce, lime jalapeno mayo

#### #5 GF GRILLED CHICKEN SALAD £9.00

Grilled cajun dusted chicken breast, mixed leaves, cheese, dressed avocado, cherry tomatoes, lime jalapeno mayo, taco sauce, fresh jalapenos, pomegranate (Served without flour tortilla)

#### #6 GF GRILLED HALLOUMI SALAD £9.00

Grilled spiced halloumi, mixed leaves, dressed avocado, cherry tomatoes, lime jalapeno mayo, coriander lime pesto, taco sauce, fresh jalapenos, pomegranate (Served without flour tortilla)

### SIDES

WHILST GLUTEN IS NOT PRESENT AS AN INGREDIENT IN OUR FRIES - DUE TO FRYERS BEING USED FOR MORE THAN ONE PRODUCT THERE IS A SMALL POSSIBLE CONTAMINATION RISK

#### #7 GF FRIES £3.00

Skin on fries & sweet potato fries dusted with house spices

#### #8 GF SMASHED GUAC £5.00

Fresh house smashed guac served with corn tortilla chips